



International Guidelines on Non-Ionising Radiation

Press Notice:

Announcing the IGNIR EQZ
- Electromog Quiet Zone -
with its practical guideline levels



The above is the EQZ warning sign for entrances to EQZ's.

Examples of intended EQZ's include medical and accommodation receptions, workplace entrances, nature reserves etc.

The IGNIR Committee for the biologically-based IGNIR electromog guidelines have defined the levels.

The guideline levels has considerable scientific backing - EQZ is now defined according to the IGNIR/EUROPAEM guidelines night time levels.

Many campaigners are lobbying governments across the world to create electrosmog quiet zones that are safer for all living things. For the real world these need to be both achievable and easily checked.

EQZ levels are achievable by having sufficient distance or shielding from masts, routers and other radio transmitters, and selecting airplane mode from mobiles, laptops etc.

EQZ levels are readily checked with simple low-cost hand-held meters in a few seconds.

The EQZ levels are both achievable and easily checked means that it is a very practical concept for everyday use and the creation of low electrosmog environments.

PLEASE ADOPT IGNIR's EQZ

The IGNIR Committee request that these levels be adopted by governments, the UN, standards organisations and campaigning NGO's and individuals.

For more information and to make comments please click <https://www.ignir.org/backstage/contact>

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